

HAPPENINGS

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SERVING PORT ST. JOHN & CANAVERAL GROVES

HAPPENINGS
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Submissions for publication need to be in before the 18th.

Call 321-633-7499 or e-mail to happenings1@att.net
www.happenings.net

Let's Get Out and Play!

Thunder Over Indian River Golf Classic

Our Fourth Annual TOIR Golf Classic will be held on Saturday, April 23rd at Indian River Preserve Golf Club. All proceeds benefit Independence Day events and the fireworks display. (Yes, we're going to try again to get a permit. Hopefully we can get permission to use the OUC property this year and not be blocked by the Parks and Recreation Director. Again.)



The cost is \$65 per person or \$240 per team and includes greens fee, cart, lunch, range balls and on-course contests. Registration will begin at 7:00 a.m. with the tournament officially starting at 8:00 am. Afterwards, please join us in the Clubhouse for lunch, awards and raffle at about 12:30 pm (when all teams have returned).

In addition to prizes for 1st, 2nd and 3rd place, there will be two "long drives," two "closest to the pin" challenges, and a putting contest.

A hole-in-one wins a Buick Encore sponsored by Ron Norris Buick/GMC, a 15 SEER A/C system sponsored by Freedom Air and Plumbing, or a Hybrid Water Heater provided by Freedom Air and Plumbing.

Daylight Savings Begins Sunday, March 18

Move your clocks up 1 hour on Saturday night before bed.

Anyone who does not play golf can still participate by sponsoring a golf hole for \$125 or attend the awards luncheon for \$15.00.

For an application or additional info, email PSJCommunityFoundation@gmail.com or visit <https://portstjohncommunityfoundation.com/>. The deadline to register is April 8th.



Frontenac Baptist Church is looking forward to its Annual Rummage Sale. The sale will be Friday, March 4th and Saturday, March 5th from 8 a.m. until 2 p.m. Bring the whole family and find some new treasure. Please come and help make it a success.

Have too much "treasure" at home? If you would like to help by donating good usable items, please contact the church office at 321-636-1369.

Our church services are Sunday morning and Wednesday evening. Our Sunday School is at 9:30 and our Worship Service is at 10:30.

We have a Wednesday Evening Meal at 5:30 and Bible Study at 6:00. New friends are always welcome. If you or someone you know needs our help please let us know. We are a small church, but we have a big heart.

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Titusville Playhouse March Shows

The Titusville Playhouse, Inc. is located within the Historic Emma Parrish Theatre on Hopkins Ave. (US1 southbound), providing professional quality entertainment on the Space Coast. The MainStage theatre includes a 150 seat orchestra section and a 124 seat Balcony Section. The new Shuler Stage is an open air stage across the street.

MainStage Shows:

DreamGirls – Rated PG-13

February 25 – March 27, 2022

First a smash Broadway musical then an award-winning motion picture, Dreamgirls captures the spirit and hope of Mo-town when a girl group from Chicago makes it big. In a business controlled by men, the female trio fights for recognition, fellowship and love as superstardom challenges their musical and cultural identity. A rich, glowing spectacle about the price of showbiz success, Dreamgirls sizzles with sparkling dance and R&B soul.

- Friday, Saturday and select Thursdays at 8 p.m.



- Sunday and select Saturdays at 2:00 p.m.

Lobby doors open 30 minutes before showtime. The lobby has a full liquor bar and dessert concessions.

For tickets, more information, times and dates for shows and information/prices for next season's shows, visit <https://titusvilleplayhouse.com/home/>.

COVID adjustments - Temperatures are taken at the entry door. Patrons are required to wear masks and keep them on during shows.

Shuler Stage

- Friday and Saturday at 7:30 p.m., Sunday at 3:00 p.m.

- Doors open 30 minutes before showtime.

\$30 General Admission* (No Discounts)

25th Annual Putnam County Spelling Bee

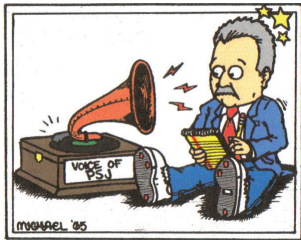
- Rated PG-13

March 11 – March 27, 2022

H-I-L-A-R-I-O-U-S! Infectious songs and an L-O-L script make Putnam County Spelling Bee a winner. With two Tony Awards and three Drama Desk Awards, this riotous Broadway smash, complete with audience participation, leads to letter-perfect entertainment. As you follow the cast of six awkward adolescents through a daunting and delightful championship quest, you'll know why the New York Times calls it, "Irresistible! Riotously funny!"

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"Strip down facing me."*

*By the time I realized she meant
the debit card, it was too late.*



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PSJ Community Center Schedule - March, 2022

The center is open Mondays–Thursdays from 10 a.m. to 7 p.m., Fridays from 9 a.m. to 6 p.m., Saturdays 10 - 2 p.m.. **Schedule is subject to change. For latest information or to register, call 633-1904.**

Mondays

14th - Spring Break Camp, 7 a.m.-6 p.m.
Seniors At Lunch, 10:00 a.m.-1:00 p.m.
Outside Basketball, 10 a.m - 7 p.m.
Game Room/Computers, 10 a.m. - 7 p.m.
Billiards, 10 a.m. – 7 p.m.
Community Cares Aftercare, 2:30 p.m. – 6 p.m.
Zumba (adult class with Jackie), 5:30 – 6 :30 p.m.

Tuesdays

15th - Spring Break Camp, 7 a.m.-6 p.m.
Outside Basketball, 10 a.m - 7 p.m.
Game Room/Computers, 10 a.m. - 7 p.m.
Billiards, 10 a.m. - 7 p.m.
Community Cares Aftercare, 2:30 p.m. – 6 p.m.

Wednesdays

16th - Spring Break Camp, 7 a.m.-6 p.m.
Outside Basketball, 10 a.m - 7 p.m.
Game Room/Computers, 10 a.m. - 7 p.m.
Billiards, 10 a.m. – 7 p.m.
Community Cares Aftercare, 2:30 p.m. – 6 p.m.
9th & 23rd - Culinary Kids, 4:00 -5:30 p.m.

Thursdays

17th - Spring Break Camp, 7 a.m.-6 p.m.
Outside Basketball, 10 a.m - 7 p.m.
Game Room/Computers, 10 a.m. - 7 p.m.
Billiards, 10 a.m. - 7 p.m.
Community Cares Aftercare, 2:30 p.m. – 6 p.m.
3rd, 17th & 24th - Advanced level Line Dance class, 4:30 - 6:30 p.m.

Fridays

18th - Spring Break Camp, 7 a.m.-6 p.m.
Outside Basketball, 9 a.m - 6 p.m.
Game Room/Computers, 9 a.m. - 6 p.m.
Billiards, 9 a.m. - 6 p.m.

Community Cares Aftercare, 1:30 – 6 p.m.

Saturdays

Outside Basketball, 10 a.m - 2 p.m.
Game Room/Computers, 10 a.m. - 2 p.m.

About Zumba Classes With Jackie - A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

Details about my class - We social distance with flair! * Bring your water bottle* Bring your towel* Bring a buddy* Only \$7 for an hour of fun while you work out and torch the calories! ~ Jackie Lewis

About Kel's Kitchen:

Culinary Kids—Every other Wednesday at 4:00-5:30 p.m. A special program for the child who has a keen interest in all things culinary. This program runs every other Wednesday. The focus is on developing foundational skills to carry into your kitchen at home. \$18.00 per child. Adult must accompany child and you must preregister at www.floridakelskitchen.com.

Spring Break Camp

March 14th-18th, 7 a.m.-6 p.m.

GRADE: Completed Kindergarten to 6th grade.
CAMP PRICES:
\$91.10 Weekly, \$30.37 for the Day - Discounts available for those who qualify.

All camp fees must be paid in advance.
Bring lunch & snack daily unless otherwise stated.
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Good Day! by Maureen Rupe Brevard Environmentally Endangered Lands Program

This fall, Brevard County residents will be voting on whether to extend the Environmentally Endangered Lands (EELs) Program. As stated on the EEL website, <https://www.brevardfl.gov/EEL-Program/home>: The EEL Program was established in 1990 to protect the natural habitats of Brevard County by acquiring environmentally sensitive lands for conservation, passive recreation and environmental education.

Also stated on the EEL website, "Three directives guide the EEL Program. The first is to conserve the natural resources of Brevard County through acquisition of environmentally sensitive lands and subsequent management of the natural resources. The second is to provide environmental education opportunities on EEL sanctuaries. Third, the EEL Program provides passive recreation opportunities, such as hiking and wildlife observation, on EEL sanctuaries."

Another key perspective and major goal of the EEL Program is to provide universal access to the county's sanctuaries whether you have physical

disabilities or not. There are also many activities where the centers

EEL is managed through use of management and/or education Centers in four regions. The North Region's Management and Education Center is at the Enchanted Forest just north of Port St. John. The Central Region's Management and Education Center is hosted at Sam's House in the Pine Island Conservation Area. Development of the Malabar Scrub Sanctuary Management & Education Center is planned, but currently on hold due to budgetary limitations. The Barrier Island Ecosystem Center manages the South Beaches Region. The Center is on a 28-acre site in the heart of the Archie Carr National Wildlife Refuge. The Barrier Island Center opened in 2008.

Recently, the town of Malabar, along with its 400-member Mountain Bike Club, has been complaining about removal of a number of oak trees within the Malabar Scrub Sanctuary. Malabar Scrub Sanctuary was specifically purchased for a refuge for the Florida Scrub-Jay, gopher tortoise, and eastern indigo snake. Unfortunately, the oak trees are providing a home for a number of hawks that are playing havoc on our endangered species.

The trouble is, the Florida Scrub-Jay and gopher tortoise require an open landscape of low scrub-oak vegetation and reasonably open adjacent pine flatwoods in order to maintain food resources and breeding success. The City of Malabar is trying to prevent removing the trees as they think Brevard County is going to cut down all the trees, and that is wrong. In preparation, EEL technical staff surveyed the trees along the trail and marked many oaks to be spared.

The impression that all the trees are to be removed is not accurate, but EEL primary goal is to protect endangered plant and wildlife. We can do both, but not by ridding our endangered plant and wildlife to just make the land a park.

The EEL program is very important to Brevard and its residents. It gives us additional greenspace, education and recreation, and saves many endangered plant and wildlife species. Please ensure we keep this program going.

Reference:

<https://www.brevardfl.gov/EELProgram/home>
Indian River Lagoon Stories from the Past

Florida Today, December 11, 1995, "Can Indian River Lagoon be Saved?" by Lee Misselhorn.

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STEVEN ALLENDER

In the article it stated, "The federal government has tried to do something about it, giving a team of experts a total of \$5 million during the past five years to diagnose the estuary's ills and devise a plan to clean it." The article went on to say taxpayers have to help raise \$88 million by 2001 to start the plan and will probably cost hundreds of millions over several decades to restore the lagoon. If not, it will worsen, taking an extremely valuable part of Brevard's economy with it. The article states, "Studies indicate the estuary is worth \$731 million a year to Brevard and the five other counties it borders, including \$300 million in fishing revenues." I don't think I would eat anything I knew came from the Indian River Lagoon even in the mid-80's when I moved here.

Nothing seems to have changed. The article

states, "In Washington, the Republican controlled Congress is cutting money to achieve a balanced budget. Among their biggest targets are environmental programs geared to protect areas such as the lagoon and its wildlife. U.S. Rep Dave Weldon, R-Palm Bay has aligned himself with GOP leaders who want to weaken environmental laws. Nevertheless, he says he will try to find money to help the sick estuary." The article went on to say, "It's probably not possible to expect much state support" said State Rep Harry Good Jr., D-Melbourne.

The article went on to say that Congress created the federal National Estuary Program "to clean valuable coastal waters being destroyed by pollution." The lagoon joined the list in 1990.

"Locally," the article states, "The once-green

landscape around the waterway has been replaced by parking lots, streets and subdivisions. With each rainstorm, runoff washes dirt and other pollutants from the asphalt into the lagoon."

Look around and you'll see the cities and counties are in the mindset of development on steroids. Every place you look is being cleared and developed to line pockets, and very few are having development pay its way. You would think each government would complete a cost/benefit analysis to ensure each and every development will pay their own way and not just add to our burden for roads and prevent damage to the Indian River Lagoon.

I also found out that the "Save Our Indian River Lagoon Citizen Oversight Committee"

cont., next page



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Good Day!, cont.

plan doesn't even have a clause to test water for pollution in the Lagoon following spills because Florida Department of Environmental Protection (FDEP) doesn't require it. At least testing would give us an idea of where we should be concentrating our resources.

In 2013, a friend emailed an article from the Mail Online, an English News Service. Their headline story for Sunday, September 8, 2013, was, "Florida lagoon is an animal 'mass murder mystery' as 46 dolphins, 111 manatees and 300 pelicans die from unknown cause." It stated they were all found along the northern stretches of the Indian River Lagoon in Florida.

I found out archived papers from Florida Today cost a bit of money, so I can't send a link to the original 1995 article. I do have a scanned copy in my records.

Reference: Scanned copy Florida Today, December 11, 1995, "Can Indian River Lagoon be Saved?" by Lee Misselhorn

Elon Musk Star Ship

The SpaceX Starship is a 390-foot rocket. According to the Associated Press article <https://www.npr.org/2022/02/11/1080046477/spacexs-elon-musk-says-1st-orbital-starship-flight-could-be-as-early-as-March>, the Star Ship is "taller than NASA's past and present moon rockets, with approximately double the liftoff thrust." SpaceX is starting things at their location in Texas but will eventually also have a location at Kennedy Space Center to launch this massive rocket on the previous Shuttle launch pad, 39A.

Depending on when the Federal Aviation Administration gives the OK to fly, SpaceX will either fly from the southern tip of Texas near Boca

Chica or if delayed, will move to its alternate location at Kennedy Space Center.

For Kennedy Space Center, which is planning a multitude of space companies launching thousands of launches per year, I keep wondering what it means to the Indian River Lagoon, which has enough problems without fuel and oxidizer being added into the problem.

If the lagoon is dead, the economy will take a downfall even if space programs are doing well. NASA is devising a plan to contract out areas for space launch, beginning with SpaceX, where they have designated an area on the extreme north-eastern area of KSC for SpaceX stand-alone launches. It's so far north that the road to Playalinda Beach and the eastern part of the National Seashore Wildlife Preserve will have to be closed during their launches.

If launches become frequent in the near future, those areas may be closed permanently. There are a million tourists a year that visit Playalinda Beach and the wildlife refuge. What do you think the damage will be to the tourist industry and Brevard's livelihoods if things aren't thought out carefully?

Workgroup for Innovative Solar Energy Resources

Workgroup for Innovative Solar Energy Resources (WISER) was set up by the Brevard County Commission on November 19, 2019. Their website is <https://www.brevardfl.gov/PlanningAndDevelopment/WorkgroupForInnovativeSolarEnergyResources>. Each County Commissioner appointed an individual on the team. The Workgroup for Innovative Solar Energy Resources (WISER) is a commission-appointed group that has been tasked to:

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- Develop a cost-benefit analysis and plan for county government to transition to clean-energy sources.
- Make recommendations on improving public access to economically beneficial clean-energy technology.
- Identify policies and practices that serve as barriers to the adoption of advanced energy technology within the county and make recommendations on policy revisions.

The County Commission didn't give any specific instructions to the workgroup, but did approve \$6,000 to pay for county staff support. The workgroup met 11 times from 2020 through 2021, and the County Commissioners received a document with numerous recommendations and details on how to implement them. On the day of the presentation, December 7, 2021, the County Commissioners decided to disregard all recommendations from the Workgroup for Innovative Solar Energy Resources (WISER).

After all their work, the commissioners simply provided a fairly quick dismissal of the recommendations and dismissed the workgroup with no recognition to the document or the work group. Talk about a waste of time and money. Maybe they were just trying to green wash for election time. Clearly, they don't care about clean energy. The commissioners received a document with numerous recommendations and details on how to implement them. They didn't give the document any recognition. They could have at least said thank

you and provided the document to staff for reference.

You can review agenda and minutes of their work, but not the output. Residents must submit a public records request for those. The documents tell you how much they are holding back.

Documents Available by Request:

- FP&L USEC Response
- Brevard County Facilities Inventories
- Florida Rooftop Solar Presentation by Bill Young - 8/13/2020
- WISER Presentation 2.0 by Bill Debusk - 08/11/2020
- Cape Canaveral Environmental Stewardship Brochure
- Florida Renewable Energy Association Solar Tour Information
- Energy Performance-Debt Payments (xlsx)
- Brevard County Facilities Department Investment Grade Audit
- Brevard County Libraries Investment Grade Audit (pdf)
- Goal 1A Cost Benefit Analysis Tool
- Goal 1A Cost Benefit Analysis Outline
- Goal 1B Transition to Clean Energy Plan
- Goal 1B Transition to Clean Energy Plan Outline
- Goal 3 Barriers to Clean Energy Technology Outline

I assume the county is too embarrassed to show how much they are spending on power at all their buildings. I would have thought the County would have at least shared all their work with the cities within Brevard County instead of making all of us do a Public Records Request to see these documents. It seems a barrier is there to stop public

cont., next page



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Good Day!, cont.

involvement.

Personally, I want to thank the five primary and one alternate that spent so much time on this project. There were:

- District 1 Appointee – Bill Young
- District 2 Appointee – John Constantine
- District 3 Appointee – Bill DeBusk, Jr.
- District 4 Appointee – Nick Sanzone (Chair)
- District 4 Alternate – Bruce Lindsay
- District 5 Appointee – Kimberly Newton

I am sorry that the County has treated you so harshly.

Reference:

<https://www.brevardfl.gov/PlanningAndDevelopment/WorkgroupForInnovativeSolarEnergyResources>

Cheerio,

Maureen Rupe
rupe32927@earthlink.net

Life Lesson

I saw a homeless guy begging out in front of Aldi last night & I asked... If I give you \$20 would you buy booze? He said no, he hadn't had a beer in years.

Then I said, "If I gave you \$20 would you buy motorcycle parts?" He said no, he got rid of his bike 15 years ago.

So then I said, "I'll do you one better than the \$20. I'll take you home, get you all cleaned up. My wife will cook up a fantastic hearty meal for you, then I'll bring you back and still give you the \$20"

Smiling, he asked, "Won't she get mad?"

I said, "It doesn't matter. I just wanted her to see what happens to a man when he stops drinking and riding motorcycles."



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Florida Prepaid 2022 Open Enrollment Launches with Incentive For Florida Families to Start Saving for College

Aiming to bring urgency to the importance of saving early for college, Florida Prepaid kicked off its annual Open Enrollment period today by offering families who purchase a 529 Prepaid Plan by April 30, 2022 up to \$500 in a 529 Savings Plan to be used toward additional college expenses as part of this year's Cash4College incentive program.

Open Enrollment runs February 1 through April 30, 2022 and is the annual window when families can lock in future tuition costs at today's Plan prices. Plans start at \$45/month. To encourage Florida families to get started saving for college, Florida Prepaid will invest in their college savings journey along with them. For each year of college or university Prepaid Plan purchased this Open Enrollment, Florida Prepaid will put \$125 into a Florida 529 Savings Plan, up to \$500.

"We know time is valuable, and families are busier than ever - always striving to provide a solid foundation for their children," said Florida Prepaid College Board Chairman John D. Rood. "We encourage Florida families to research Florida 529 Prepaid Plans this Open Enrollment and find the option that meets their goals and budget."

While Florida Prepaid is the largest and longest-running prepaid college program in the nation, there are many Florida families that are not yet taking advantage of saving in a 529 college plan or saving for college at all. Prepaid Plans allow families to save for college in a risk-free, stress-free way, locking in future college costs for less so their child's college tuition is ready and waiting for them. Families simply pick a

Prepaid Plan and make their payments. There are no worries about the ups and downs of the stock market or how much tuition might go up. All Prepaid Plans are guaranteed by the State of Florida so families can never lose their investment. If a child attends an out-of-state or private college, a Prepaid Plan will pay the same amount as it would pay at a public college or university in Florida, allowing the child to pursue their dreams no matter where that might take them.

This year, families can purchase a 4-Year Florida University Plan for a newborn for as low as \$181 a month, a 2+2 Florida Plan for \$145 a month, a 2-Year Florida College Plan for \$54 a month or a 4-Year Florida College Plan for less than \$116 a month.

The Board also offers a 1-Year Florida University Plan which starts as low as \$45 per month and covers 30 university credit hours. Multiple family members can purchase a 1-Year Florida University Plan for the same child, sharing in the cost of saving for college.

Families can use the online Prepaid Plan pricing tool to determine what the various plans cost based on a child's age, as well as explore the different payment options available.

To learn more, visit myfloridaprepaid.com.

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On the Road With Rose



Fort Christmas Historical Park

<https://nbbd.com/godo/FortChristmas/>
1300 N Fort Christmas Rd., Christmas, FL
Phone: (407) 254-9312

I pray that by the time this comes to print we have made more vigorous inroads to getting a better handle on these illnesses and just as important, the mean disparities between us that have kept us almost prisoners for way too long. To those who have suffered physically or emotionally, please know prayers are being sent your way.

At just a short 30- or 40-minute drive, Fort Christmas is truly a backyard gem. The drive on Highway 50 is most enjoyable itself, meandering through several eco-systems, into and out of several stages of the growth of Florida. Driving through swamps and wetlands, a sharp eye can catch massive prehistoric alligators sunbathing mere feet from the road where the newest modes of travel whoosh past. Coming close to civilization, you are passing homes built in the early 1900's standing next to those built during the space boom and those in recent years. It almost seems as if history is marching past.

The park is open seven days a week 9 a.m. to 4 p.m. Entry is free and parking is abundant. Pets are not allowed. The parking lot faces the reconstructed home that is now a museum staffed by friendly and informative workers. It's best to pick

up a couple of pamphlets and a map as the park is very large and there is much to see and enjoy for young and old alike.

There are usually several events held in the park throughout the year. Most were cancelled last year, but the Bluegrass Festival in March is still a maybe as of this writing.

Meandering toward the back area, you will pass several very large and screened pavilions, all of which are available for rental. There was a childrens party being held on the day myself and cohorts made the trip in my daughter's midlife crisis purchase... (A canary yellow, rag-top Camaro). I envied the kids as they laughed and squealed their way over, around and through the many playground pieces. I would have joined the ones scrambling to climb one of the many ancient live oaks had my daughter not been giving me The Eye. There are also quite a few picnic tables with BBQ grills, water, electricity, basketball and tennis courts, softball field and plenty of room to just run and play.

The actual fort is a very small, (in every way possible), but an important part of the whole park experience. Construction began on Christmas day in 1837, hence the name of the fort and ensuing town.

You'll want to take your time going through the fort. There's a lot to see and it's easy to miss something you would like to know. The fort has been reconstructed exactly to specifications of the time. It's not too much of a stretch to imagine how bad the living conditions must have been, not to mention the fear of being surrounded by unfriendly neighbors separated only by log buildings. All of the houses have been lovingly cared for and really give a picture of what life was like

for the men and women who pined a life out of the wilderness sometime during, but mostly after the Seminole wars. We toured every house, the informational plaques pointing out whatever we may have missed inside. One of them was the actual house where the sculptor Tex Wheeler grew up right in Christmas. He had moved by the time he sculpted Will Rogers and Seabiscuit.

My teenage grandson was genuinely interested in the farm equipment, smoke houses, barns, chickens and goats, but the highlight of his day was poking his head into a loft, finding several large dolls later characterized as 'creepy' posed staring at the stairs and not telling my friend who was standing right behind him.

The reason for the passé' phrase 'Woman's Work' is truly visible in the kitchen and laundry. I'm very sure the guys would much rather have the plowing and hunting duties than attempt to make a meal using those instruments of torture.

I heartily recommend the Fort Christmas park as a wonderful way to enjoy family, friends and great Florida weather. Once again, please take only pictures and leave only footprints.

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sharingcenterbbqcontest.com

Amateur Backyard BBQ Contest Returns!

The Sharing Center of Central Brevard 7th Annual Amateur Backyard BBQ Contest is back. On Saturday, April 2, 2022, come out to F. Burton Smith Park in Cocoa to sample some of the best local BBQ around.

Amateur BBQ Teams from across the county will vie for the title of Amateur Champion Griller in three categories: beef, pork and chicken. Each team will be providing samples of their delicious BBQ for you, the public, that will be voting for the People's Choice Champion Griller. While serious competitors are sweating it out, we will be soaking up the rays with great food and live entertainment.

The event's proceeds will benefit the Sharing Center's Children's Weekend Feeding Program, a program designed to empower families with children by providing access to healthy food on the weekends during the school year.

Tickets for the event are \$15.00. This includes entry to the event, 1 BBQ dinner and samples from the BBQ teams. Come enjoy live music by Just Us Band, 50/50, and raffles including a Traeger Pellet Smoker!

Don't wait until the last moment to get your tickets! Tickets can be purchased at the following locations:

- Sharing Center's Thrift Store at 113 Aurora Street, Cocoa
- West Cocoa Pharmacy at 2711 Clearlake Rd, Cocoa
- Jennifer Neuman Dicandio's Allstate Insurance, 950 Fay Blvd, Port St. John
- Sharing Center's Thrift Store at 95 E. Merritt Island Causeway, Merritt Island

Tickets are also available the day of the event. Come join us for some great BBQ and help feed hungry kids here in our own community.

**COVID-19 SAFETY PROTOCOL /
KEEPING YOU SAFE AT THE BBQ**

Your health and safety are of the utmost importance to us. We will be implementing many safety protocols in accordance with local and state guidelines, including enhanced cleaning and sanitizing measures, options for contact-free communication and transactions, and adjustments to program and BBQ Competition layout to accommodate for social distancing.

Monthly Tax Update

This month, the Internal Revenue Service Center (IRS) has become aware of a substantial increase in several impersonation, fraud and scam schemes compared to previous years. Be aware, IRS will not call you, text you or email you to obtain any personal information or inform you of any collection or filing requirements. They always communicate by printed and mailed correspondence.

Next, it has been confusion for taxpayers this year when dealing with the Child Tax Credit and receiving advance payments last year. You should receive the Letter 6419, or maybe two of them, reflecting the total child tax credit paid. You need the amount to properly complete the Form 8812, when filing your tax return.

In my December, 2021, article, I detailed the procedure for you to establish your portal access to obtain information from your tax account with IRS. You can review again by going to our website, www.higginbothamcosinc.com and clicking on the "Monthly News Article" tab or go to IRS.gov website and create your account. You will need an email, drivers' license and your cell phone for the authorization process. Oh, this should be the only time you will receive an e-mail from IRS and this will only confirm your identity for the website.

Another alert for you; watch for scammers who are sending emails with links to create your account and are actually phishing to your information. Never click on any link to access IRS.gov.

Now some good news! There's nothing bad to getting extra money. For 2021, the Earned Income Credit (EIC) will be available for taxpayers from ages of 19, not a dependent of another taxpayer, and even taxpayers over 65 are permitted to claim this tax credit. This will help some young independent parents under the age of 25 years old, and taxpayers over 65 years old or older, who have some part time jobs. Please review the instructions for the EIC to see if your situation permits you this credit.

Another reminder, Form 8867 is a due diligence form everyone has to include with their tax return if claiming the EIC, Child Tax Credit, Additional Child Tax Credit, Other Dependent Tax Credit, American Opportunity Education Tax Credit or Head of Household. Not including this

form could result in a penalty of \$520 or more. This is very important.

In addition, there's another due diligence form, now required for sole proprietors when filing Schedule C for small businesses. The Form 11652, Questionnaire and Supporting Documentation Form 1040 Schedule C, is now being required for all tax preparers who prepare the Schedule C for taxpayers. It specifically reflects all income records and expenses are now requiring documents to support the information on the Schedule. This means bank statements, account records, ledgers, invoices, receipts, mileage logs, credit card statements, electronic payment records or any other records to substantiate the amounts reflected.

And for S-Corporations, the Form 7203, S Corporation Shareholder Stock and Debt Basis Limitations, is required to claim losses from any S-Corporation you have an interest in.

Wow, IRS has went overboard on forcing due diligence substantiation on taxpayers and tax preparers. Again, this is important.

That's it for this month. More good tax stuff next month. Remember, this is a very brief overview. It is your responsibility to discuss any tax and financial changes with your professional advisor for assistance in evaluating your situation.

For details and specific assistance in applying

the general information in this article, you may contact our office at your earliest convenience or contact your advisor. Provided by Tracey C. Higginbotham, E.A., (321) 632-5726, a member of the National Society of Accountants.

Bark Brew Fest

You are invited to the 19th Bark Brew Fest presented by Tails at the Barkery and the Dirty Oar Beer Company on Saturday, March 19 at the Dirty Oar Beer Company from 5:00 to 7:00 p.m. in Cocoa Village. Play Bingo to win fabulous prizes! Bring your canine companion, sip your favorite libation, enjoy delicious food from 56@, and join us for an evening of fun, including raffle baskets and a 50/50 drawing.

All proceeds to benefit Mid Florida Sheltie Rescue, a 501(c)3 nonprofit whose mission is to help with the rehabilitation, fostering, and placement of homeless Shetland Sheepdogs. Many of the Shelties are recovering from being neglected, abused or abandoned by people they loved. MFSR's primary concern is placing each Sheltie into a loving, FUREVER home.

All pets must be on a leash, or in appropriate carriers, and have current vaccinations and county tags for the safety of our animals and friends.

We hope you can join us!

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Rose's Room

~ Rose Padrick

Traveling these days has many new dangers. I thanked the Big Guy my daughters and I only faced the old ones. While I was relieved to see masks and sanitizers at every turn, I couldn't help

but send up prayers for those of us whom the precautions were too late. Please know you are not forgotten.

You would think at my stage of maturity I would've learned by now there are times to keep one's big yap shut.

You would be wrong.

I recently found myself in a long line in the security area of a busy airport at a busy time of day behind a large group of very upset travelers. When the security person pulled all of us aside for a random special security screening, their annoyance turned to rudeness. They focused their anger on the baggage screener and I felt embarrassment for the travelers and pity for the screener.

I might have saved my pity.

After heaving the last of their large suitcases on the belt, she turned her attention to me. I smiled understandingly and said I was sorry she had such a hard time with the previous group, I deal with people also, as I work for the company that does pre-employment physicals for baggage screeners.

Her eyes grew as large as the fists her hands had formed themselves into. Her stare alone could have shredded steel.

Her northern accented voice was just an octave higher than a mother cougar defending her young, and just as frightening. "Oh really! The company that made me take a cardiac test and caused me to miss the deadline for the job I really wanted, so I have to do this job until another comes open? That company?"

My brain kept repeating "Shut up!" but my mouth has a lot of practice working independently of my gray matter and just kept going.

"Well at least now you know there's nothing wrong with your heart!"

Her eyebrows arched almost to her hairline as she wheezed something about a southern belle catching a flight to Ethiopia.

My daughter shot me a look that said, "I'm tired, my feet hurt and I miss my baby. If you say ONE more word I will HELP her send you anywhere she wants."

I stood perfectly still while the screener finished passing her wand over, around and through various parts of my anatomy, but try as I might, I just could not resist a parting, "Y'all have a nice day now, you heah?"

After this lovely interlude we experienced a short delay in boarding. Not a 'hold the presses' revelation, but the reason for the delay is a new one on me.

A lovely young lady appeared from behind the closed doors to announce to us already-lined-up passengers that there had been a minor 'incident' and our plane had been bumped. It appeared the only damage was a dent in the skin, but the airline didn't want to take chances and were sending a crew to check the dent to make sure it would not affect the planes performance.

Aside from someone in the back declaring his car was dented all over and he still drove it, we all quietly took our seats still clutching our carry-on bags.

I could not stop the questions bouncing around inside my head. How does one 'bump' an airplane? This is not a short compact car that you accidentally tap trying to parallel park, this is a huge, shiny metal object, complete with large print and pictures. Not to mention the uncountable decibel level of noise coming from all those engines. Ray Charles would know it was there!

Planes are also very tall, which means the only thing that could have dented the skin would have been another plane. I just don't get a warm fuzzy feeling knowing there is a person driving in the same sky-space as we are who could not avoid such a monster object while on the ground.

I also have to wonder how they found out there was a bump and consequential dent. Did one pilot get out of his plane and leave a note containing his license number and insurance company information? Did a sky cap witness the incident and call someone in the control tower?

Does the pilot who did the bumping have to take a two-hour course to keep the points off his license?

Other than that, we had a mostly uneventful trip, and considering what a big flight baby I am, I must say breaking only two fingernails while disengaging them from the armrests and having only one person stumble over me when I knelt to kiss the tarmac is perhaps my personal best post flight behavior to date.

I received a post card postmarked Addis Ababa this morning, I'll bet it's from my luggage.



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Zumpano Patricios Return as Presenting Sponsor for Jess Parrish Medical Foundation Golf Classic

Jess Parrish Medical Foundation (JPMF) has announced the law firm of Zumpano Patricios as the presenting sponsor for the annual Fran Gerrett Memorial Golf Classic on Friday, April 1.

More than 200 golfers are expected to play the two-course tournament with all proceeds benefiting The Children's Center (TCC), a service of Parrish Healthcare, and one-stop childhood development resource center. TCC provides a safe and healing environment for special needs and/or typically developing children to learn and grow, along with an array of health, education and human services under one roof.

Tournament players can choose between two golf courses – Indian River Preserve Golf Club with its rich, lush rolling fairways designed by Perry Dye and LPGA champion Jan Stephenson or The Great Outdoors with the beautiful natural environment of the St. Johns wildlife refuge. Course selection is first-come, first choice with paid registration.

Event registration begins at 7:30 a.m. with a shotgun start at 8:30 a.m. The tournament format will be a four-player scramble with fun contests, including a chance to win a \$1,000 cash prize when purchasing a raffle ticket for \$20. The chance drawing will take place at the event. Raffle participants need not be present to win.

Fran Gerrett served as the director of Materials Management at Parrish Medical Center for 24 years. Fran passed away in 2012, but the annual golf tournament lives on as a tribute to his longtime dedication to our community and favorite charity, The Children's Center. Community leaders and volunteers organize the golf classic.

The foundation welcomes all businesses and organizations to participate and support the event. A variety of sponsorship opportunities are available beginning at \$500.

For information on sponsor opportunities, or to purchase chance drawing tickets, please contact Jess Parrish Medical Foundation at (321) 269-4066 or visit www.parrishmedfoundation.com/golf.

St. Patrick's Anglican Church 4797 Curtis Blvd, Port St. John 321-802-1311

March Events:

Wednesday March 2nd: **Ash Wednesday Service**, 6:00 p.m.

Wednesdays, March 9th to April 6th: **Lenten 6:00 p.m. Eucharist** followed by Stations of the Cross, ending with a light soup supper and bible study.

Saturday March 12th - 6:00 p.m.: **St. Patrick's Day Traditional Corned Beef Dinner** – tickets available – Contact the church office at 321-802-1311 or email stpatrickspsj@gmail.com.

Saturday March 26th: 9:00 a.m., **Veteran's & First Responders Breakfast** – this is open to all veteran's, spouses of veterans, and all first responders

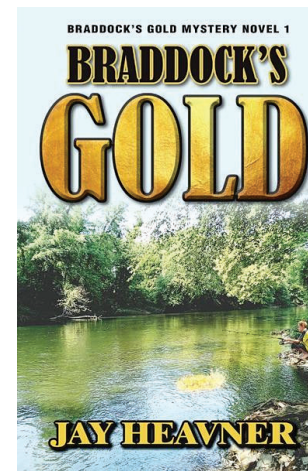
Free Books From Local Author

Several books are available from local author Jay Gold and Death At Windover are available online at Book Funnel. The instructions for how to download the books are on the site and easy to follow. This bargain lasts until February 18th, so don't wait. But beware, Jay's books are excellent, and in series that you won't want to put down or miss the sequel.

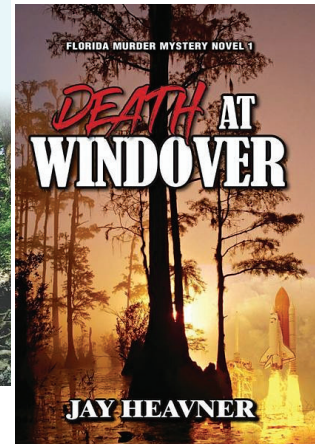
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COMMUNITY CALENDAR

Alcoholics Anonymous meets on **Sundays** at 5 PM, Tuesdays and Thursdays at 6:30 PM. **Women's AA** meets on Thursdays and Fridays, 10 AM. **Both AA Groups meet at St. Patrick's Church, 4797 Curtis Blvd.**

Overeaters Anonymous - Due to Covid-19 we are meeting on Zoom. For meeting times or contact info, please visit oaspacecoast.org.

3-1 Compassionate Friends Support Group meets the first Tuesday of every month at 6 PM in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

3-1 Mardi Gras

3-2 American Legion Auxiliary, Unit 359, General Membership Meeting on the 1st Wednesday of each month, 6 PM at the Post Home, 7260 S. US 1, just north of PSJ. Call President Valerie Helmer at 321-268-1632.

3-2 Ash Wednesday

3-5 Bike Days at the Tiki, 1:00 - 5:00 p.m. 7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), 321-268-1632. Contact Wayne Fowler,

Events Coordinator, American Legion Riders Post 359 at 321-307-1450 or visit their website, alr359.org, for more information.

3-8 International Womens' Day

3-10 The North Brevard Commission on Parks and Recreation meets at 518 South Palm Avenue in the Brevard Room, located in a building behind the Brevard County Government Center-North in Titusville. The public is invited to attend. For questions, call Jeff Davis at 321-264-5105.

3-11 Brevard Women's Connection meets at Space Coast Convention Center (Holiday Inn Express) on Hwy. 520 from 11 AM until 1 PM on the second Friday of each month. The program includes a luncheon plus an inspirational speaker. For more information, call Pam at 321-752-6896 or e-mail bwc0020@gmail.com.

3-13 Word Weavers Space Coast, a critique group for Christian writers, meets the 2nd Sunday at 2:00 PM at the Central Brevard Library in Cocoa. Visitors are always welcome. Email angelgardnerwrites@gmail.com for info.

3-13 Calling all Christian authors! Dynamic writers group in Cocoa offers training, critiques, and paid writing opportunities (2nd Sundays 2-4:30 p.m. at Cocoa Library). Contact D.P. Clarke at 1royaldy@gmail.com for more information. Print "Writers Group" in Subject.

3-13 Multiple Sclerosis Self-Help Group meets on the 2nd Sunday each month (except Mother's Day & Nov.), 2 PM, Cocoa Library.

3-16 Purim Starts

3-16 American Legion Post 359 meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 PM. All Legionnaires and new members are welcome. The Post meets on the 3rd Wednesday of each month. Please contact the Post at 321-268-1632 for assistance with your membership or information.

3-17 St. Patrick's Day

3-18 Lailatul Barat Starts

3-18 PSJ Business Connections Luncheon, sponsored by the Titusville Chamber of Commerce, meets on the 3rd Friday of the month at 12:00, PSJ Library on Carole Ave. Call Dennis Watkins at 267-3036.

3-21 Moonport Modelers RC Club meets at 6:30 PM, 3rd Monday each month at the N. Brevard Library, 2121 S Hopkins Ave., Titusville.

For more info, call Wayne Mendez, 505-2361.

3-21 Presidents Day

3-22 Moonlight Quilters Guild meets at the North Brevard Library in Titusville, 2121 Hopkins Ave. on the 4th Tuesday of each month (no meeting April or December). Meet and greet and refreshments at 6:00 pm, meeting at 6:15 pm, usually followed by show and tell or a guest speaker. Email Moonlight.Quilters@yahoo.com for more information.

3-26 Veteran's Breakfast, 9:00 at St. Patrick's Anglican Church, 4797 Curtis Blvd., PSJ on the last Saturday of each month.

Congratulations to:

Andrea Bryson turns **34** on the 1st.
Alexander Delida turns **16** on the 2nd.
Landon Townley turns **16** on the 2nd.
Sharon Bowen turns prettier on the 3rd.
Shawn Townsend turns **24** on the 4th.
Kari Grinstead is more lovely on the 5th
Sam Brown turns crazier on the 5th.
Doug Vick turns smoother on the 6th.
Isaac Kois turns **32** on the 6th.
Mandy Pannullo turns **29** on the 8th.
Aiden Firth turns **11** on the 8th.
Paris Ragan rules the day on the 9th.
Jason Rockhill turns buffer on the 9th.
Brett Messer turns **26** on the 10th.
Rhonda Rockhill is the Queen on the 15th.
Ashley Moore turns cuter on the 16th.
Paige Burris turns wilder on the 17th.
Tonya Dees dances all night on the 18th.
Lucas Erickson turns **24** on the 18th.
Amaya Rockhill turns **Sweet 16** on the 18th.
Brent Bray turns **33** on the 21st.
Alexys Sladyk turns **21** on the 24th.
Carter Niehoff turns **11** on the 27th.
Jim Carnell turns cooler on the 29th.
Norm & Sue Blum celebrate their 39th Anniversary on the 4th.
Lisa & Cary Troxel celebrate the day Cary robbed the cradle on the 29th. Rock on!
Dave and Valerie Hannen celebrate their 37th wedding anniversary on the 30th.
We have lots of room for more good news.
Email your inputs to happenings1@att.net.

Important Phone Numbers

County Commissioner -	607-6901
Sheriff: Non-Emergency -	633-7162
Fire Station 26 (Port St. John)	633-2056
Emergency Operations Ctr -	637-6670
Waste Management -	636-6894
Roadway Maintenance -	264-5084
SCAT Bus Information -	633-1878
Port St. John Library -	633-1867
PSJ Community Center -	633-1904
Florida Power & Light -	723-7795
City of Cocoa Water Dept. -	433-8400
Parrish Medical Center	
Port St. John -	636-9393
Titusville -	268-6111
Atlantis Elementary School -	633-6143
Challenger 7 Elementary -	636-5801
Enterprise Elementary School	633-3434
Fairglen Elementary School -	631-1993
Space Coast Jr/Sr High School -	638-0750
Sexual Offender Registry -	
www3.fdle.state.fl.us/sexual_predators/	

Super Bowl of Trivia

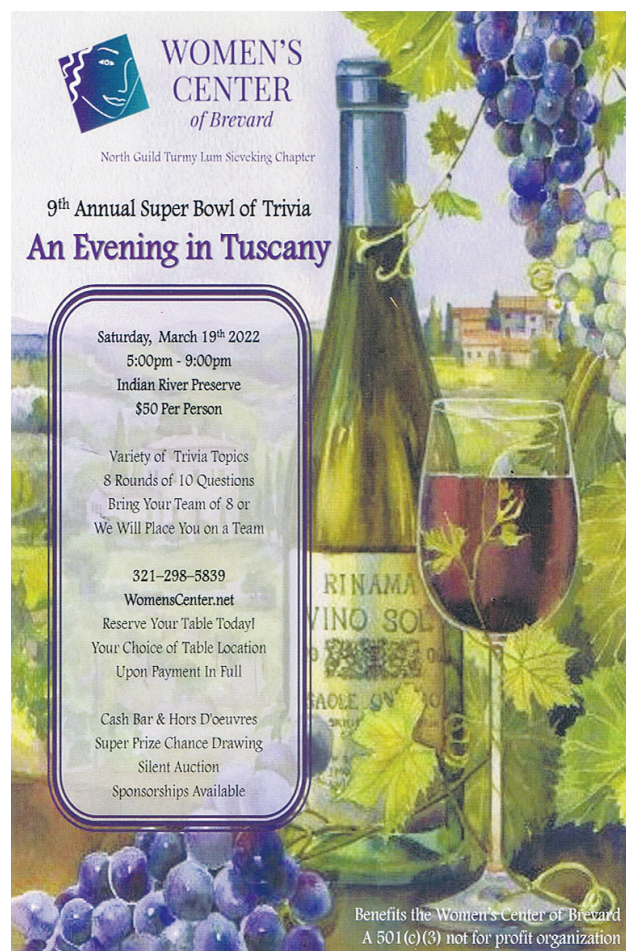
The Women's Center of Brevard and North Guild Turmy Lum Sieveking will host their 9th annual Super Bowl of Trivia fundraising event, "An Evening in Tuscany" on Saturday, March 19, 2022, at Indian River Preserve Golf Club, 3950 Clubhouse Dr in Mims. The event will be from 5-9 p.m. and tickets are \$50/per person.

Tickets can be purchased at womenscenter.net. Sponsorship opportunities are available.

There will be a cash bar, Hors D'oeuvres, a chance drawing for a super grand prize, silent auction and of course, TRIVIA. The contest will include a variety of trivia topics, 8 rounds of 10 questions, and prizes for winners. You can bring your own team of 8 or you will be placed at a table and a team formed. This will be a fun filled night to enjoy with friends new and old.

The Women's Center has been providing life-changing programs in Brevard County for more than 45 years including Victim Advocacy, Emergency Housing and Rape Crisis Counseling.

If you have any questions, please email Lulu at redaunt39@aol.com or you can call Martha at 321-298-5839.



WOMEN'S CENTER
of Brevard
North Guild Turmy Lum Sieveking Chapter

9th Annual Super Bowl of Trivia
An Evening in Tuscany

Saturday, March 19th 2022
5:00pm - 9:00pm
Indian River Preserve
\$50 Per Person

Variety of Trivia Topics
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Bring Your Team of 8 or
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Vietnam War Veterans Day

On March 29, Americans will come together to commemorate the service and sacrifices made by the nearly 3 million service members who served in Vietnam. On March 28, 2017, President Donald J. Trump signed into law the Vietnam War Veterans Recognition Act of 2017, which named March 29 National Vietnam War Veterans Day. The bill amended the U.S. flag code to include National Vietnam War Veterans Day as a day on which the flag should be flown. In 2012, President Barack Obama signed a presidential proclamation, designating March 29 as the annual observance of Vietnam War Veterans Day. The signing of the proclamation marked the 50th anniversary of the departure of the last American troops from Vietnam — March 29, 1973. Only U.S. embassy personnel and support staff remained in South Vietnam until the fall of Saigon on April 30, 1975.

"The Vietnam War is a story of service members of different backgrounds, colors and creeds who came together to complete a daunting mission," the proclamation states. "It is a story of Americans from every corner of our nation who left the warmth of family to serve the country they loved. It is a story of patriots who braved the line of fire, who cast themselves into harm's way to save a friend, who fought hour after hour, day after day to preserve the liberties we hold dear."

The proclamation also states: "In one of the war's most profound tragedies, many of these men and women came home to be shunned or neglected — to face treatment unbecoming their courage and a welcome unworthy of their example. We must never let this happen again."

Although U.S. military advisors had been in South Vietnam since 1955, the proclamation states that January 12, 1962, was the starting point of the war, the date of America's first combat mission.

All Night Strut!

On March 11 - 20, the Historic Cocoa Village Playhouse, 300 Brevard Ave, Cocoa, will be presenting The All Night Strut!, a high energy musical celebration of the 1930s and '40s, filled with jazz, blues, bebop and American songbook standards. With singers, dancers, and live musicians on stage together weaving together the work of legendary songwriters, the story moves through time and place to highlight a slick slice

of yesteryear and capture a beloved American era.

You can read more on the CVP website; <https://cocoavillageplayhouse.com/>. Tickets can be purchased at <https://cocoavillageplayhouse.com/index.php/performances/broadway/allnightstrut>.

Call 321-636-5050 for more information about Cocoa Village Playhouse.

Visitors Welcome Again at Parrish Medical Center

Effective immediately, Parrish Healthcare is pleased to again welcome visitors to Parrish Medical Center and all outpatient facilities. The community COVID-19 positivity rates and hospital volumes are such that PMC officials have discontinued the temporary visitor restrictions.

"Parrish Healthcare recognizes that family members and partners-in-care play an important role in the patient's healing process, and as such are excited to be able to lift the temporary visitor restrictions that were necessary during the most recent Omicron surge," said Parrish Medical Center spokesperson Natalie Sellers.

There are no specified hospital visiting hours; however, quiet time is designated between the hours of 8 p.m. – 7 a.m. daily to promote a restful healing environment for patients.

Those visiting a Parrish Healthcare facility are still required to complete a wellness screening upon entry and wear a face mask at all times, in accordance with CDC guidelines. Persons experiencing signs of cold, flu or COVID-19 are encouraged to remain home until symptoms resolve.

For more information visit parrishhealthcare.com/visitation or call 321-268-6111.

Parks & Recreation Meeting



The North Brevard Commission on Parks and Recreation will hold its next monthly meeting on Thursday, March 10th, 2022, at 5:00 p.m.

The meeting will be held in the Brevard Room at 518 South Palm Avenue in Titusville. The public is invited to attend. The Brevard Room is located in a building on the north side of the parking lot behind the Brevard County Government Center—North.

For questions, call Jeff Davis at 321-264-5105.

Port St. John Public Library

6500 Carole Ave., Port St. John,
(321) 633-1867

Library Hours: Monday, Tuesday, Thursday and Friday, 9 a.m.-5 p.m. Wednesday, 12-8 p.m. and Saturdays, 10 a.m.-2 p.m.

Meeting rooms are available for reservation by calling the library and study rooms are open on a first-come-first-served basis.

Computers are available and we also offer scanning, wireless printing and faxing.

3/2 6:30 p.m.: Bookworms Book Club. See the Reference Desk for monthly book selection.

3/5 10:30 a.m.: Spring Door Hanger craft class. \$40 fee due at signup. Registration ends 3/1. See Reference Desk.

3/12 & 3/26 10 a.m.-noon: Pokemon Club of Port St. John. All ages welcome.

3/19 10:30 a.m.: Medicare Workshop.

3/23 6 p.m.: Friends of the Port St. John Library Membership meeting.

Thursdays 3:00 p.m.: Storytime for Young Readers. Ages 6-12.

Fridays 10:30 a.m.: Little Listeners storytime. Ages 2-5.

3/17 3:00 p.m.: Special STEM activity. Heat-A-Peep!

Port St. John Library Advisory Board

Our PSJ Library Advisory Board is running terribly short on members. The members are appointed by our District One Commissioner Rita Pritchett, but the library staff is responsible for finding people willing to serve on the board and referring them to the Commissioner. As the board is our community's voice in the operation of the PSJ Library, it's important to have members who are concerned about our community, our youngsters and residents who use the library.

Members meet one evening a month for 30 minutes and give feedback about programming, building maintenance and use, library promotion and provide recommendations for the library's future in the community. If you think you could give up an hour a month to help keep our library relevant and helpful to our community, contact the Library Director, Mary Lena Penna, at 321-633-1867 or email to mpenna@brev.org.

What is a Self-Test or At-Home Test?

Self-tests for COVID-19 give rapid results and can be taken anywhere, regardless of your vaccination status or whether or not you have symptoms. They detect current infection and are sometimes also called "home tests," "at-home tests," or "over-the-counter (OTC) tests." They give your result in a few minutes and are different from laboratory-based tests that may take days to return your result.

Self-tests, along with vaccination, wearing a well-fitted mask and physical distancing, help protect you and others by reducing the chances of spreading COVID-19. **Self-tests do not detect antibodies which would suggest a previous infection and they do not measure your level of immunity.**

When To Take an At-Home COVID-19 Test

Test yourself immediately if you have any COVID-19 symptoms.

If you were exposed to someone with COVID-19, test at least 5 days after your exposure.

If you test negative for COVID-19, consider testing again 1 to 2 days after your first test.

If you are going to an indoor event or a gathering, test immediately before the gathering, or as close to the time of the event as possible. This is especially important before gathering with individuals at risk of severe disease, older adults, those who are immunocompromised, or people who are not up to date on their COVID-19 vaccines, including children who cannot get vaccinated yet.

If your test is Positive, the test detected the virus and you have an infection. Stay home for at least 5 days and isolate from others in your home. Tell your close contacts. Wear a well-fitted mask when around others. If available, a N95 or KN95 respirator is recommended.

Watch for symptoms. If you have any emergency warning signs, seek emergency care immediately. Tell your healthcare provider. Contact them as soon as possible if:

Your symptoms get worse.

You are more likely to get very sick because you are an older adult or have an underlying medical condition. Possible treatment may be available for you.

You have questions about your isolation.

If your test is Negative, the test did not detect the virus, but doesn't rule out an infection.

Some self-tests are designed to be used in a series (also known as serial testing). Consider repeating the test 24 to 48 hours later. Multiple negative tests increases the confidence that you are not infected with the virus that causes COVID-19.

How to Get an At-Home COVID-19 Test

Order free tests at <https://covidtests.gov>. Free tests are also available through local health departments.

Visit FDA's website, www.fda.gov/emergency-preparedness-and-response/, for a list of authorized tests. Buy tests online or in pharmacies and retail stores. Private health insurance may reimburse the cost of purchasing self-tests.

If you're not able to obtain a self-test when you need it, you might also visit a community testing site, or call your local health department for more options.

Vaccine Delayed For Children

At the beginning of last month, the FDA announced that a panel of independent health experts would convene on February 15 to determine if two doses of Pfizer-BioNTech's Covid-19 vaccine would be safe and effective for children ages 6 months through 4 years old. But in a highly unusual move, the agency called off this meeting just days before it was scheduled to occur, explaining that it would now wait to evaluate data from a study that used three doses instead of two, which isn't expected until April at the earliest.

The vaccine study that would have been evaluated for recommendation was two doses, even though results were not as good as hoped. Pfizer and BioNTech, the manufacturers, have been saying since December that children under 5 would probably need three vaccine doses, each of which would be just one-tenth of the dose that those 12 and older receive. That will be the vaccine and dosage that will be considered later this month or more likely, in April.

In January, the CDC recommended that moderately or severely immunocompromised children 5-11 years old receive an additional primary dose of vaccine 28 days after their second shot. At this time, only the Pfizer-BioNTech vaccine is authorized and recommended for this use.

Spring Tails Thru the Village

Bring your pet and children, too, and join Great Dane Love – A Central Florida Rescue, Inc., for Spring Tails thru the Village, at Myrt Tharpe Square in Cocoa Village, on Saturday, March 27 from 11:00 a.m. to 3:00 p.m.

Sponsored by Tails at the Barkery, all proceeds will benefit Great Dane Love, an all-volunteer, non-profit 501(c)3 rescue that was established in September 2012 and whose mission is to help with the re-homing of displaced Great Danes and providing ongoing education regarding responsible Dane ownership and care.

Donate \$10.00, receive a Bingo card and take a selfie photo with the Easter Bunny. Play the Bingo Card and collect Magic Easter Eggs at each participating Cocoa Village merchant to win fabulous prizes. Winning Bingo prizes and raffle drawings will take place at 3:15 p.m.

All pets must be on a leash or in appropriate carriers and have current vaccinations and county tags for the safety of our animals and friends.

Visit www.gdlcf.org/ or www.TailsAtTheBarkery.com for more information.

How to Be Healthier When You Work from Home

If you're still working from home in the new year, here are some tips to keep your mind and body healthy and increase productivity.

Dedicate a Workspace

Although it's tempting to work from your bed or the couch, be sure to set firm boundaries. Dedicate one workspace where you'll spend most of your day to focus on work.

Get Up and Move

Set an alarm to take regular breaks and focus on active stretching for your lower and upper back.

Establish a Routine

Plan to start work at the same time every day if possible. It may be helpful to use a signal, like an alarm clock, to start your day.

Know When to Log Off

It's important to maintain a good work-life balance, especially since your work is now home with you all day.

And if you're still going to work at an office, it's still just as important to take care of yourself. These tips may be handy for you, too.

Bamboo Beauty Bar Expands

Bamboo Beauty Bar is expanding and adding hair services. If you're looking for a single location to get your hair done, nails, facial and more... we are here to cater to you. Home bound? I will come to you!

Bamboo Hair Bar, LLC, is featuring plant-based products that are free of gluten, sulfate, paraben, and are cruelty free, our vegan formulations start in a base of coconut water. We've "cleaned" up haircare. Unconditional & uncomplicated, ALURAM is the new norm for beauty. Call or come in for information on these great products.

Lastly, if you're looking for a permanent hair removal solution that is suitable for ALL hair colors and skin types, EPILFREE is for you! The hair removal is done with waxing or sugaring.

If these product lines sound like something you're interested in, give us a call or make an appointment to check us out. Feel free to ask questions.

There are many salons in PSJ to choose from, and you may already be established somewhere. Our retail line may be something for you. You can purchase retail products and pick up curbside or we can deliver for your convenience.

Please call to schedule a time slot so we can maintain our COVID safe environment to check out what we have to offer. We look forward to meeting you!

Bamboo HAIR Bar, LLC, is located at 3760 Curtis Blvd, Suite 604. Call or text 321-213-5551 or email: bamboohairbar2022@gmail.com.

Dive Into the World of Tabletop Gaming This Spring Break

Is your child a little bit of a history buff? Would they like to learn a new hobby? Then consider enrolling them in Brevard County 4-H this spring break as we jump into the tabletop miniature game, Flames of War, to learn about history!

History Through Wargaming is a week-long camp perfect for children ages 12-18 years old. During this camp, they will learn how to build, paint and play a miniature tabletop game. Materials such as terrain, models and rules will be provided. Each camper will receive one model to learn building and painting techniques and will be

able to take it home after the camp ends.

This camp will be held at the UF/IFAS Extension office in Cocoa every day between March 14 and March 18 from 1 to 5 p.m. Tickets for this camp are \$25. Advance registration is required. Ticket sales end March 7 at 9 p.m.

If you are not a current 4-H member, you will need to enroll in Brevard County 4-H prior to attending camp. Instructions will be provided.

Register at: <https://bit.ly/3J51e6W>

For more information, please contact Keith Newman at keith.newman@ufl.edu or 633-1702.

First United Methodist Church

Greetings Port St. John! You're invited to join us, for Church Service, in person or online, every Sunday at 10 a.m. We stream our service Live on Facebook at facebook.com/FUMCPSJ.

In The Know at First UMC Port St. John...

- On Wednesday, March 2nd we will be hosting an Ash Wednesday Service at 6 p.m. This will be a time of reflection and preparation for the Church Season of Lent.

- On Sunday, March 6th we will kick off a brand-new teaching series entitled, "The Apostles' Creed!" During this time, we will explore what are the foundational beliefs of the Christian faith.

- On Sunday, April 17th we'd love for you and your family to join us for Easter. For more information, please connect with on Facebook.com/FUMCPSJ or online at Fumcpsj.org.

- Have you ever had questions about faith, God, Jesus and/or the Church? Well, starting the Sunday after Easter, April 24th, we will be kicking off a brand-new teaching series entitled, "You Asked for It!" where we will explore the questions we all have surrounding faith!

- Additionally:

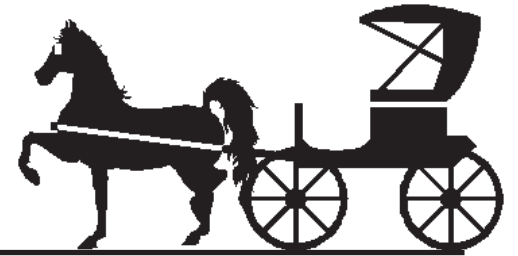
- o Our Food Pantry is open the 3rd Friday of every month from 10 a.m. – noon.

- o On April 9th, we will be hosting our "Spring Vendor Fair" from 9a.m. – 2 p.m. We will have many local vendors and artisans, Food Trucks.

- o On April 9th we will also be hosting an "Easter Kidzone" with crafts, games, bounce house, face painting, prizes and more. The "Easter Kidzone" will be going on from 10 a.m. – 1 p.m. Children must be accompanied by an adult.

Stay Connected with us at First UMC Port St. John by visiting us on the web at FumcPsj.Org.

SLEEPY HOLLOW



Fruit From The Groves

One of the Canaveral Groves Board members is looking into getting new signs for the entrances to the Groves. One is at Canaveral Groves Blvd. and Grissom Parkway, the other one is at Pine Street and Coconut. The signs need to be replaced due to fading over the years.

Brightline has announced that they have purchased a number of 72 foot long high speed refrigerated box cars. They will be used to transport perishable fresh foods to Orlando and beyond. It is unknown if they will be hooked to a passenger train or will make additional separate runs.

There have been reports of people walking up driveways and trying to sell items like solar panels, redoing driveways and other things. Some do not seem to have vehicles and do not know what they are really selling. If they show up, call the Sheriff's office and have them checked out. If they are up to no good, they will leave the area and we all will be safer.

Brevard County Sheriff's Office has been busy out here in the Groves. They have made arrests and making the area safer. The motorcycle (traffic) unit has also been busy enforcing the traffic laws. There have been numerous complaints about speeding and people passing in no passing lanes,

Most of the people stopped live out here in the Groves. Please leave early and drive safely like you or your family's lives are at stake.

Brevard County Station 29, the "Guardians of the Groves," has been busy in the area with medical calls, vehicle accidents, brush and structure fires. They have also responded to and backed up other fire units on calls outside of the Groves.

Remember that we are in the dry season, so be safe with all kinds of fire. A fire that gets out of control can spread quickly.

There have been complaints of drivers not pulling out of the way of emergency vehicles. It is unsafe to follow emergency vehicles to incidents.

Remember that Bike Week is March 4-14, 2022, so please watch out for them and give them the space they need.

The next meeting of the Canaveral Groves Homeowners Association will be in May. Hope to see you there and be safe.

- Ed Silva

Spring Fine Art & Craft Fair

Come out to Historic Cocoa Village on Saturday, March 5th 10 a.m.-5 p.m., and Sunday, March 6th 10 a.m.-4 p.m. to enjoy two days of fabulous Fine Art & Crafts!

Over 200 unique artists and crafters will have their goods on display, many competing for over

\$6,000 in cash & awards! And many of their products will be for sale. It's time to dress up that room or office you're just not proud of... yet.

As you walk around enjoying the art, you can also enjoy delicious street food and listen to live entertainment throughout the grounds.

Admission is free! The event is kid and pet friendly, but you must have leashes for the pets.!

For more information, call 321-631-9075 or visit the website: VisitCocoaVillage.com.

Parrish Medical Center Welcomes Dr. Kevat Patel

Parrish Medical Group is pleased to welcome physician Kevat Patel to the North Brevard community. Dr. Patel is a board-certified primary care physician now offering a wide variety of family medicine services at two convenient locations: Parrish Healthcare Center 250 Harrison Street, Titusville, FL 32780 and Parrish Healthcare Center, 5005 Port St. John Parkway, Cocoa.

Dr. Patel earned his medical degree from the American University of Integrative Sciences in Barbados. Following his studies, Dr. Patel completed a prestigious clinical epidemiology fellowship at Harvard Medical School in Boston, MA and an Internal Medicine residency at Marshall University in Huntington, WV. He is also in the process of completing a fellowship in Integrative Psychiatry.

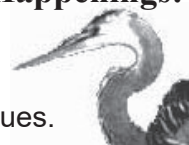
Dr. Patel is an active member of the Society of Hospital Medicine, American Medical Association, American College of Physicians and a contributing member of the Harvard Alumni in Healthcare. Having conducted extensive research in his area of expertise and being published in many academic journals, Dr. Patel is passionate about the field of primary care medicine.

Parrish Medical Group and Dr. Patel are now accepting new patients. To schedule an appointment with Dr. Patel, call 321-268-6868 or visit parrishhealthcare.com/Patel.

Meet your neighbors and stay informed of Events & Community Happenings!

CANAVERAL GROVES HOMEOWNERS INC.

If you'd like to join and support our Homeowners' group, just cut out and fill out this form and mail with a check for \$15 to cover the current year's membership dues.
Mail to: CGHI, P.O. Box 675, Sharpes, FL 32959



Name _____

Address _____

E-mail _____

Phone _____

Won't you join us?

Walter Butler Community Center March, 2022

Bernice G. Jackson Park, 4201 North US Hwy. 1, Sharpes

The center is open Monday–Thursday from 10 a.m. - 8 p.m., Fridays from 9 a.m. to 6 p.m. and Saturday 10 a.m.-2 p.m. Schedule is subject to change. Call 321-433-4448 for latest information.

MONDAYS – FRIDAYS

Pickleball, 11 a.m. – 2 p.m.

Open Computer Lab, 11 a.m. – 2 p.m. & 6 – 8 p.m.

Kids in Motion Aftercare, 2:45 p.m. – 6 p.m.

Open Gym, 6 – 8 p.m.

TUESDAYS

Seniors In Motion, 10:30 a.m. -1 p.m.

Pickleball, 11 a.m. – 1 p.m.

Zumba, 5:30 – 6:30 p.m.

Open Computer Lab, 6 – 8 p.m.

Pickleball, 6 – 8 p.m.

WEDNESDAYS

Pickleball, 11 a.m. – 2 p.m.

Volleyball Fundamentals, 5 – 7 p.m.

Open Computer Lab, 6 – 8 p.m.

Volleyball League Play, 7 p.m. – 9 p.m.

THURSDAYS

Pickleball, 11 a.m. – 2 p.m.

Volleyball Fundamentals, 5 – 8 p.m.

Open Computer Lab, 6 – 8 p.m.

FRIDAYS

Pickleball, 11 a.m. – 1 p.m.

Kids in Motion Aftercare, 1:30 – 6 p.m.

SATURDAY

Youth Basketball League Games, 8 a.m.-4:00 p.m.

Open Computer Lab, 10 a.m. – 2 p.m.

Open Game Room, 10 a.m. – 2 p.m.

SPRING BREAK CAMP

Camp Dates: March 14th – 18th

Age: Kindergarten through 6th grade

Cost: \$90 for the week (6 days) or \$30 per day

Food: Please provide a lunch and snack for child/children daily, unless otherwise stated

Discounts: Up to 75% for those who qualify (contact Walter Butler Community Center at 321-433-4448 for more information on discount criteria).

Seniors In Motion - Seniors in Motion will meet Tuesdays from 10:30 a.m. – 1 p.m. and Thursdays from 10:00 - 1:00. Coffee and snacks will be provided. Thursdays are field trip day. Outings are in county and are 2 to 3 hours, depending on the outing location(s). For more information, call 321-433-4448.

Kids In Motion - An after school program that focuses on anti-bullying and educational hands-on projects such as the Choice Program, 4-H club and STEM programs and Kids Art to enhance learning. Monday – Friday 2 p.m. – 6 p.m.. Program cost is \$30 weekly. Discounts are available for households living in the target area, eligible for free or reduced lunch and/or qualifies for any other assistance offered. For more information, contact Walter Butler Community Center at 321-433-4448. **Youth Basketball League** - Ages 6 – 14. Registration January 18 – February 18 at \$20 per player. Fee includes 6 games and jersey. Games are Saturdays starting March 19, 2022, 8:30 a.m. – 4:00 p.m. For more information, call 321-433-4448.

Volleyball Fundamentals - Teaching proper playing techniques and teamwork. This class focuses on teaching beginners how to properly bump, set, spike, and more. Classes will be held on Wednesdays & Thursdays from 5 p.m. – 8 p.m.. For more information contact WBCC at 321-433-4448.

ZUMBA - Let It Move You! There are a lot of ways to lose weight. Some are just more fun. Join the ultimate dance-fitness party that beats a boring old workout any day! Classes are every Tuesday, 5:30 p.m. – 6:30 p.m.. Half the class is Zumba Toning, the other half is Zumba. Cost is \$5 per class or \$15 for the month. Adults of all ages/fitness levels are welcome.

Wear comfortable clothes and sneakers and be prepared to dance! Bring a towel and water. For more information, call Debbie Kowaleuski at 321-403-6918.



**Post 359 - American Legion
Riders presents
Bike Days at the Tiki
Saturday, March 5,
1:00 - 5:00 p.m.**

Good food on the grill with Fixin's, \$6. Listen to live music, take part in drawings, 50/50. All proceeds to benefit veterans and veterans' families.

Bike, truck or car, come join the fun!

7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), 321-268-1632. Contact Wayne Fowler, Events Coordinator, American Legion Riders Post 359 at 321-307-1450 or visit our website, alr359.org, for more information.

New Enrolled Agent on Board! Pedro Baldeon, E.A

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Cocoa, Fl. 32926

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